

MINI MENSCHES

HOORAY FOR FOOD!

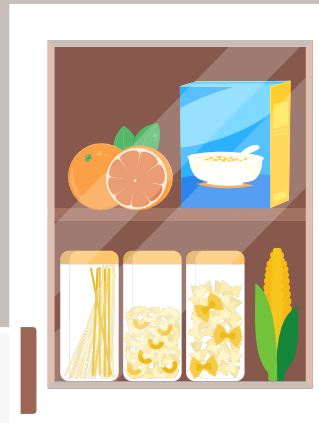
Eating it, making it, sharing it...what's not to love about food? It's part of our lives every day, and we eat special foods on special Jewish days! They say not to play *with* your food, but we can still play *about* it!

FOOD FINDER

Circle the different types of food in the picture below. Count the number of foods in each food group you find, and write that number in the squares on the fridge. *The dairy answer is filled in for you.*

EXAMPLES OF FOOD GROUPS:

- DAIRY**— yogurt, ice cream
- FRUIT**— banana, blueberries, pineapple
- VEGGIES**— cauliflower, potato, zucchini
- PROTEINS**— meat, fish, eggs, nuts
- GRAINS**— bagel, spaghetti



DAIRY

2



FRUITS VEGGIES

PROTEINS



GRAINS

